

DEPARTMENT OF COMMUNITY MEDICINE

Plantation program of medicinal plants in Adopted Village Vanmahotsav initiative - 27-05-2023

A plantation program of medicinal plants was organized by the Department of Community Medicine, East Point College of Medical Sciences and Research Centre, Bengaluru in the village Bande Bommasandra which has been adopted by our college under Family Adoption Program on 27th May 2023. The students of I year MBBS along with faculty and other staff from Department of Community Medicine, planted saplings of medicinal plants in college campus and in the village- Bande Bommasandra as a Vanmahotsav initiative to spread awareness about the importance of plantation, forest conservation and to save the environment. Our students also educated the people about the benefits of plants especially medicinal plants such as:

- Insulin plant- which has a significant hypoglycemic activity.
- Stevia- lowers elevated blood pressure, in skincare, for appetite control in weight loss and many more uses
- Bryophyllum- used for kidney stones, headaches and fever.
- Bone setter- as the name suggests it helps to heal broken bones, has antibacterial effects, and is used for osteoporosis.

We planted these plants in the school as well as anganwadi of the village and distributed them among the villagers and helped them in planting.

The villagers were very happy with this initiative and accepted the plants and allowed us to plant them in their houses cheerfully. They were enthusiastic to learn about the benefits of these plants.





GPS Map Camera
Bande Bommasandra, Karnataka, India
3MGM+396, Bande Bommasandra, Karnataka 562149, India
Lat 13.075737°
Long 77.682995°
27/05/23 11:15 AM GMT +05:30

